



# VeteranCaregiver.com Video Resource

## Recommended Resources: Parent Caregivers

Definition	In the military, parent caregivers of wounded or ill service members make up a smaller group, but they have significantly VA benefit profiles and are often at a different phase of life. There are a number of parent caregivers who are also taking care of aging parents, or grandchildren, who then are “sandwich” caregivers.
Unbreakable Bonds book	<a href="http://www.amazon.com/Unbreakable-Bonds-Mighty-Wounded-Warriors/dp/1629146986">http://www.amazon.com/Unbreakable-Bonds-Mighty-Wounded-Warriors/dp/1629146986</a>
What Parents Need	<a href="http://www.nextavenue.org/caregiver-support-what-parents-wounded-veterans-need/">http://www.nextavenue.org/caregiver-support-what-parents-wounded-veterans-need/</a>  <a href="http://www.washingtontimes.com/news/2015/apr/30/hidden-heroes-wounded-warriors-need-selfless-careg/?page=all">http://www.washingtontimes.com/news/2015/apr/30/hidden-heroes-wounded-warriors-need-selfless-careg/?page=all</a>
Who’s Caring for Vets?	<a href="http://www.military.com/spouse/military-life/caring-for-a-wounded-warrior-youre-fired.html">http://www.military.com/spouse/military-life/caring-for-a-wounded-warrior-youre-fired.html</a>  <a href="http://www.pbs.org/now/shows/547/">http://www.pbs.org/now/shows/547/</a>  <a href="http://www.ausa.org/resources/familyprograms/resources/InternetResources/Pages/WoundedWarriorFamilySupport.aspx">http://www.ausa.org/resources/familyprograms/resources/InternetResources/Pages/WoundedWarriorFamilySupport.aspx</a>
Washington Post Guide	OIF/OEF Veterans, including Parent Caregiver Information <a href="http://www.washingtonpost.com/wp-srv/nation/documents/walter-reed/HeroHandbook.pdf">http://www.washingtonpost.com/wp-srv/nation/documents/walter-reed/HeroHandbook.pdf</a>
QOL Guide	<a href="http://www.careforthetroops.org/reports/Report-Wounded%20Warrior%20Family%20Care%20Report%20from%20Quality%20of%20Life%20Foundation.pdf">http://www.careforthetroops.org/reports/Report-Wounded%20Warrior%20Family%20Care%20Report%20from%20Quality%20of%20Life%20Foundation.pdf</a>
VA CG Program	<a href="https://www.youtube.com/watch?v=hbhrcSdV1sc">https://www.youtube.com/watch?v=hbhrcSdV1sc</a>

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