



VeteranCaregiver.com Video Resource

Recommended Resources: Balance & Dizziness

Definition:

There is a new diagnostic AND treatment device called “balanceback” that is able to determine dizziness and balance issues for veterans. It determines whether the condition is neurological or vestibular and this device is available at an increasing number of DoD/VA treatment facilities and intake hospitals.

Resources:

Balance Disorder

http://www.brainline.org/content/2012/06/balance-problems-after-traumatic-brain-injury_pageall.html

<https://vestibular.org/pppd>

Balance Back

<http://balanceback.com/>

<http://hearing.health.mil/DiagnosisTreatment/ConditionsConcerns/DizzinessBalance.aspx>

Military Vestibular

<https://vestibular.org/military>

Radio Podcast:

www.MilitaryNetworkRadio.com, click to Dizziness & Balance show

Video Resources:

Balance Back

<https://www.youtube.com/watch?v=DPkctzm6jmg>

Sensory Perception

<https://www.khanacademy.org/test-prep/mcat/processing-the-environment/sensory-perception/v/the-vestibular-system-balance-and-dizziness>

Quote:

“If we are creating ourselves all the time, then it is never too late to begin creating the bodies we want instead of the ones we mistakenly assume we are stuck with.” - Deepak Chopra