



Recommended Resources for Video: Red Light Therapy for Gulf War Illness & TBI

Overview: Red light therapy with infrared light emitting diodes in a helmet, with additional probes in the nostrils is showing promise for the cluster of symptoms associated with Gulf War Illness. The red light assists in boosting oxygen to the brain where healing appears to occur, giving this CAM therapy traction for TBI, as well as previous uses for wound healing.

Resources

http://www.naturalnews.com/049553_light_therapy_brain_injury_PTSD.html

<http://spiritualityhealth.com/blog/traci-pedersen/light-therapy-shows-promise-gulf-war-syndrome>

<http://psychcentral.com/news/2015/04/04/researchers-testing-light-therapy-for-gulf-war-illness/83162.html>

<http://www.rawstory.com/2015/04/researchers-explore-light-therapy-as-treatment-for-gulf-war-veterans/>

<http://www.doctorsaputo.com/a/can-light-therapy-help-the-brain>

<http://icahn.mssm.edu/research/programs/new-york-traumatic-brain-injury-model-system/research/treatment-of-post-tbi-fatigue-with-light-therapy>

Videos

<https://www.youtube.com/watch?v=KnJceS1AeJ8>

<https://www.youtube.com/watch?v=JCd0UL-cbq8>

<https://www.youtube.com/watch?v=15lRFTqkYCg>

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