



VeteranCaregiver.com Video Resource

Recommended Resources: Uplifting Two Word Phrases That Matter

Overview:

Words are powerful and can make a significant difference in your life and situations. Here are some positive two-word phrases that are compelling, comforting, descriptive, and possibly helpful to your situations.

Distilling your message to only a few words can make them impossible to misunderstand.

Savor the simple phrases that unclutter your world and which have uplifting significance.

Words of Meaning and Significance to a Caregiver and Family Member:

Appreciation Thank you.

Vulnerability & Potential Help me.

Please wait.

Don't go.

Motivating - Keep going.

Healing - I'm sorry.

Forgive me

Heart-softening words may bring kindness, empathy, and warmth to a relationship.

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