

Caregiver Burnout

- Resources:
- <http://www.webmd.com/women/caregiver-recognizing-burnout>
 - <http://www.usmc-mccs.org/articles/are-you-suffering-from-caregiver-burnout/>
 - http://www.rand.org/pubs/research_briefs/RB9764z4.html
 - <http://www.brainlinemilitary.org/content/2013/10/military-spouses-and-family-members-share-their-best-advice-about-caring-for-service-members-and-veterans-living.html>
 - <http://www.operationwearehere.com/Caregiver.html>
 - http://www.caregiver.com/articles/caregiver/caregiver_burnout.htm
 - <http://www.alsa.org/als-care/caregivers/coping-with-burnout.html?referrer=https://www.google.com/>
 - <http://www.spousebuzz.com/blog/2014/04/military-caregiver-study-findings-left-me-stunned.html>
- Videos
- <https://www.youtube.com/watch?v=yjomExNaiGc>
 - <https://www.youtube.com/watch?v=oS7CxoJZIBM>
 - <https://www.youtube.com/watch?v=ZENquuMhjAA>
 - <https://www.youtube.com/watch?v=mEQcSPC5VNI>