



## VeteranCaregiver.com Video Resources

Recommended Resources:  
Is Your Therapist a Good Fit?

### Resources

<http://health.usnews.com/health-news/health-wellness/articles/2014/06/02/is-your-therapist-a-good-fit>

<http://lesliecarr.com/7-signs-that-a-therapist-is-not-the-right-fit-for-you/>

<http://www.militaryfamilyadvisorynetwork.org/2016/09/good-therapy-tell-therapist-good-fit/>

<https://www.bustle.com/articles/99134-7-signs-your-therapist-is-good-at-their-job-because-some-of-us-are-weirdos>

<http://www.goodtherapy.org/blog/50-signs-good-therapy-0110119/>

<http://www.mychicagotherapist.com/seven-characteristics-good-therapist/>

<http://www.cnn.com/2012/08/08/health/military-veterans-psychology/>

<http://www.healthyplace.com/blogs/traumaptsdblog/2013/11/19/trusting-your-therapist-some-practical-approaches/>

[http://psychcentral.com/newsletter/issue005/trust\\_disappoint\\_therapy.htm](http://psychcentral.com/newsletter/issue005/trust_disappoint_therapy.htm)

<http://www.harleytherapy.co.uk/counselling/i-dont-trust-my-therapist.htm>

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