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Recommended Resources: Post-Traumatic Growth (PTG)

Resources

<http://www.livehappy.com/science/positive-psychology/science-post-traumatic-growth>

<https://www.usatoday.com/story/nation/2014/05/05/mattis-iraq-afghanistan-marines-usmc/8632093/>

<https://www.funker530.com/post-traumatic-growth-tw1/>

<http://www.nytimes.com/2012/03/25/magazine/post-traumatic-stress-surprisingly-positive-flip-side.html>

<http://www.businessinsider.com/james-mattis-inspiring-message-for-post-911-veterans-2015-4>

<http://www.newyorker.com/tech/elements/can-trauma-help-you-grow>

<http://www.oprah.com/inspiration/post-traumatic-growth>

http://www.brainlinemilitary.org/content/2012/05/the-many-layers-of-post-traumatic-growth_pageall.html

http://www.huffingtonpost.com/vanessa-van-edwards/post-traumatic-growth_b_8650000.html

<http://www.success.com/article/3-inspirational-stories-of-post-traumatic-growth>



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