



VeteranCaregiver.com Video Resources

Recommended Resources: Toxic People

Resources

<https://www.psychologytoday.com/blog/in-flux/201608/8-common-traits-the-toxic-people-in-your-life>

<http://www.heysigmund.com/toxic-people/>

<https://www.powerofpositivity.com/toxic-person-signs-in-your-life/>

<http://www.huffingtonpost.com/dr-travis-bradberry/10-toxic-people-you-should-avoid-12475362.html>

<https://theartofcharm.com/empowerment/cut-toxic-people-life/>

<https://www.psychologytoday.com/blog/brainsnacks/201010/are-you-toxic-or-nourishing-take-quiz-and-find-out>

<http://www.beliefnet.com/section/quiz/index.asp?sectionID=203&surveyID=441>

<http://www.self.com/story/7-differences-between-a-healthy-relationship-and-a-toxic-one>

<http://www.healthscopemag.com/health-scope/toxic-relationships/>

<https://www.psychologytoday.com/blog/the-intelligent-divorce/201309/getting-unstuck-the-toxic-relationship>