



VeteranCaregiver.com Video Resources

Recommended Resources: Empowerment

Resources

http://www.huffingtonpost.com/2014/06/27/habits-of-compassionate-people_n_5522941.html

http://www.huffingtonpost.com/2016/12/12/international-day-of-happiness-helping-_n_6905446.html

<https://tinybuddha.com/blog/6-ways-to-deepen-your-compassion-to-help-other-people/>

<https://www.powerofpositivity.com/7-ways-show-compassion-others/>

[“Whether you think you can, or you think you can't—you're right.” — Henry Ford](https://www.powerofpositivity.com/7-ways-show-compassion-others/)

<http://mentalfloss.com/article/71964/7-scientific-benefits-helping-others>

<http://www.goodnet.org/articles/7-scientific-facts-about-benefit-doing-good>

<http://optimityadvisors.com/insights/blog/leadership-peer-peer-networks>

<https://www.elizabethdolefoundation.org/hidden-heroes/>

<https://www.ils.org/support/other-helpful-organizations/patient-and-caregiver-resources-support-and-counseling-0> Other orgs exist for specific conditions



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