



VeteranCaregiver.com Video Resources

Recommended Resources:

Sandwich Caregiving in the Military

Resources

Sandwich Caregiving is caregiving for two generations such as a disabled veteran and a special needs child. Or, an aging veteran parent and a wounded warrior – two needs simultaneously.

<https://www.care.com/c/stories/5326/9-tips-for-managing-sandwich-generation-stress/>

<https://thecaregiverspace.org/tips-for-the-sandwich-generation/>

<https://www.simply-home.com/blog-overview/the-caregiving-worries-of-parents-with-special-needs-kids>

<https://tricare.mil/Plans/SpecialPrograms/ECHO>

<http://www.militaryonesource.mil/special-needs>

<http://www.militaryfamily.org/info-resources/wounded-caregivers/caregiver.html?referrer=https://www.google.com/>

<http://warriorcare.dodlive.mil/2017/09/15/caregivers-play-critical-role-in-lives-of-wounded-warriors/>

<https://usa.childcareaware.org/fee-assistancerespite/military-families/air-force/exceptional-family-member-program-efmp-respice-care/>

https://lifespanrespice.wildapricot.org/resources/Documents/Federal_Funding_Guide_2016/Programs_for_Military_Families_and_Veterans.pdf

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