



Recommended Resources for Video: Juggling Priorities

Overview: The world today is filled (overfilled?) with things that demand our attention. In the first iteration of the word, Priority meant the idea or task that required our primary attention. This word later morphed into multiple priorities – which is really a misnomer. If ALL is important, then what is the MOST important?

A great deal of Juggling Priorities is to make intentional choices – what serves you and your loved ones the most? Burnout is real. Overscheduling is real. There's only one YOU.

Resources to Learn Tips and Tricks:

<https://medium.com/illumination/juggling-priorities-projects-and-people-46fd5b0a1925>

<https://pharosalliance.com/juggling-priorities/>

<https://www.entrepreneur.com/leadership/tough-choices-and-juggling-priorities-takes-courage/234607>

<https://medium.com/age-of-awareness/juggling-your-priorities-7acc44dca6aa>

<https://amberaprice.com/how-to-balance-life-competing-priorities/>

<https://consultyellowbrick.com/juggling-it-all-how-to-balance-competing-priorities/>

<https://lifeskillsthatmatter.com/integrate-competing-priorities/>

<https://www.lifebalance.org/blog/balancing-priorities>

<https://www.thegrowthreactor.com/priorities-quotes/> - to make you think.

<https://ascendingapex.com/mindset/how-to-balance-priorities/>

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